

Student Waiver Form

Student Name: _____
Approval for First Aid Treatment: Yes No
Parent Name: _____
Current Address: _____
Email _____
Telephone Number: _____ Allergies: _____
Weight ____ Height ____ Date of Birth: ____ Age: ____
Emergency Contact name: _____
Emergency Contact number: _____

Personal Assumption of Risk of Injury and Responsibility & Release of Liability (A parent or legal guardian must also sign)

I understand that participating in a program of training in self-defense under the instruction of Pip Start Ministries - Galatia is physical in nature and involves the risk of injury. I hereby acknowledge that I am physically capable of performing the exercise required in this program. I also affirm that I am covered by health insurance and/or other insurance, which will cover any costs of personal injury on or off the premises of instruction that I might receive while participating in self-defense training & instruction from Galatia, or that I have the financial capability to personally cover any such costs. I will not hold Agape Family of Churches, Galatia Self-Defense, Pip Start Ministries, Ronald Bell, the instructors, their families, agents, employers, or insurance companies liable or responsible for any injury received in or related to self-defense training that I receive under the instruction of Galatia. I will not hold Galatia Self-Defense responsible for my behavior or activity whether in class or elsewhere. Galatia strongly advises all participants to consult with a doctor before beginning this program or any other program of physical activity. On occasion, photos may be taken during class or demonstrations. Pip Start Ministries reserves the right to use images from photos, etc. in the newsletter and/or website for use of publicity advertising and promotions of the ministry.

SIGNATURE _____ DATE _____
Student

SIGNATURE _____ DATE _____
Parent

Galatia Martial Arts

History:

Dr. Bell earned a 2nd degree black belt in 1995, has over 23 years of experience in martial arts, and 10 years as a Karate Instructor (YWCA, YMCA, Motorola, Univ. of S. FL, Univ. of MO 1990-1997, 2004-2005). He has been ministering to youth since 1998. Pastor Bell combines his training in martial arts and his call to serve and teach youth through self-defense.

Philosophy:

To prepare youth for a life of integrity, physical fitness and knowledge of self-defense; to be used in understanding and wisdom in serving God and society.

Benefits:

Coordination, Self Discipline, Physical Fitness, Self Esteem, Self Confidence, self-defense, flexibility, having fun

Costs:

- Registration and Equipment Fee: \$45
- Workbook: \$10
- Monthly: \$45
- Optional Uniform (Shirt - \$15, Pants - \$20, Belt - \$5)

Dr. Ronald Bell
Galatia Martial Arts
P.O. Box 140524, Austin, TX 78714
Phone 512-928-9157
galatia@pipstart.org,
<http://pipstart.org/galatia.htm>



Growing and Serving Youth for Leadership
1 Corinthians 3:6



For Home School Students

MISSION

To prepare youth for a life of integrity, physical fitness and a knowledge of self-defense.



pipstart.org/galatia.htm



Classes

**One Day Academy for
Home School Students**

2007-2008 School Year

**10:30am Upper
Elementary through High
School**

12:40 Lower Elementary

Grace Nazarene Church

GALATIA

What do we do?

Christian Based Martial Arts and Self-defense classes for grades 3-12 and K-2.

What can I expect?

The *Galatia Martial Arts Program* trains students in the following techniques: Personal reading, writing and research, kicking, punching, locks and bars, releases, falls and rolls, counterattacks, basics, physical conditioning, and; character and leadership development.

Goal

- Set a foundation of physical fitness, self-defense and integrity

Highlights

- Teaching home school students since 2004

Sample Class Format

- Exercise
- Basic techniques
- Application of self-defense techniques
- Character Lessons

Dress code enforced

Safety valued

Journal kept

Parent release forms must be completed

Continued martial arts and self-defense classes semester to semester.

Training & Style

- Style is sanctioned by the Gospel Martial Arts Union and Karate for Christ International



**Galatia Martial Arts is a subsidiary of
Pip Start - a 501c(3) tax exempt
organization and co-owened by Dr.
Ronald Bell**

**Donations and Volunteers are
Welcomed**