

Founder – Director Info

- Go Ju Ryu 1997 – 2nd Degree Black Belt
- Shor Rin Ryu, Akido, Kung Fu, Tai Boxing, Tae Kwon Do since 1983
- School owner 1994-1997 at Motorola, Univ. of S. Florida and YMCA
- Tournament competitions 1984-1992 in sparing, forms and weapons

Program Galatia

- Mission
 - To prepare youth for a life of integrity, physical fitness and knowledge of self-defense.
- Galatia Highlights
 - Character, Fitness & Self-Defense
 - Christian based 8 semester program
 - 1 to 2 hours per session Grades 3 & up
 - Sanctioned by the GMAU
 - 7 year instructor history



Galatia Curriculum and Goals

Curriculum

- 10 week self-defense
- 20 weeks level 1
- 8 semester total
- 45-120 min/class
- 1 or 2 per week

Increases Sought

- Physical fitness
- Character
- Confidence
- Self-Defense Techniques

Galatia

of Participants

- optimal of 10/session (min. 2 and max. 40)

How participants are selected

- Requested by parents, students, and/or teacher



Galatia - History

Success History

- Spring 04 – 3 sessions (24 students)
- Fall 04 – 4 sessions scheduled

Testimonies

- Commitment to changed lives of character
- Females confidence & date rape prevention



Galatia

- Target Audience
 - Grades 3 and up
- Number of young people involved
 - 5 to 30 per class/location
 - HEART ala Carte Home School Enrichment Program
 - Texas Oaks Baptist Church
 - Central Assembly of God



Galatia



- How do we find your students
 - Sign up by parents, teachers and/or students
- How do we keep them interested?
 - Drills, games, activities, etc.
- What is the cost and who pays?
 - \$12 per 1 hour session per student
 - plus administration & curriculum of \$100 each per 10 semester
- Who pays?
 - Private & foundation grants, donations and parents

Galatia

Success History 2004 (30 students)

- Home School Students
 - 3 – 20 week semester, 20 students
 - 1 – 10 week session, 10 students
- Testimonies
 - Improved confidence
 - Commitments to life change in Christ
 - Improved fitness

